



COUNSELING UPDATE

NOUVEL CATHOLIC CENTRAL HIGH SCHOOL MONTH IN REVIEW:

Over the last month, we have been in the classrooms with the seniors and freshmen! The 9th graders worked on navigating Skyward, Google Classroom, and school e-mail, while seniors revisited college application resources introduced last spring. We're also starting to see college reps pop in for on-campus visits. September included: Northwood University, SVSU, and Adrian College!

FAFSA

The FAFSA (Free Application for Federal Student Aid) opens October 1! All students are encouraged to complete the FAFSA, regardless of financial need. Many academic institutions and scholarship foundations require a FAFSA on file, even if financial need is not a factor for merit-based awards.

I will be working with students over the next two weeks to set them up in Going Merry, which offers two components: scholarships and FAFSA Made Easier. This will allow us to complete about 80% of the FAFSA, leaving parents with less headache.

Going Merry not a supplement to the FAFSA, this replaces it. Unlike the official FAFSA website, Going Merry utilizes language we can all understand and breaks each question down one by one. One of the main reasons most people delay the FAFSA is the complexity and this really makes it SO much easier!

Here's a [PowerPoint](#) that walks you through the FAFSA Made Easier program

SENIOR RESOURCES:

College Application season is upon us! Students have all been set up with Common App and Parchment accounts. Students have been encouraged to complete all applications during the month of October, so we can shift our attention to scholarships in November!

- [Preparing for Senior Year - Google Slides Presentation](#)
- [Common App](#) and/or [Coalition App](#)
- [Parchment](#)
- [College Board](#) - Requesting Score Reports

Save the Date

OCTOBER 2022

- 1 FAFSA is open!
- 3 Delta College Visit
- 4 Michigan Tech Visit
- 6 MSU Visit | Notre Dame Visit
- 11 Northern Michigan visit
- 12 PSAT Testing
- 13 Alma Visit | Hope Visit | Albion Visit
- 17 Central Michigan Visit
- 27 Lawrence Tech Visit
- 28 Grand Valley visit at 1:30pm

SCHOLARSHIP OPPORTUNITIES

- [Heisman High School Scholar](#) due 10/18/22
- [Voice of Democracy Audio Essay](#) due 10/31/22
- [CMU Centralis Scholarship](#) due 11/01/22
- [Elk's Most Valuable Student](#) due 11/14/22
- [Delta College President's Scholarship](#) due 12/01/22

REMIND LINKS

NEW! For the 2022/2023 school year, I have created Remind groups for each class. Parents & students can sign up using the same link and will receive text NCCHS Counseling updates/reminders.

Class of 2023 - Join HERE: <https://www.remind.com/join/ncc2023>

Class of 2024 - Join HERE: <https://www.remind.com/join/ncc2024>

Class of 2025 - Join HERE: <https://www.remind.com/join/ncc2025>

Class of 2026 - Join HERE: <https://www.remind.com/join/ncc2026>

TESTING AND ASSESSMENT

FALL TESTING

PSAT testing is around the corner! Students in grades 9-11 will take the PSAT in school on October 12, 2022.

- 9th Grade: PSAT 8/9
- 10th/11th Grade: PSAT/NMSQT

Check your email next week for a letter with additional testing information.

988 SUICIDE & CRISIS LIFELINE

Did you know that Simply calling or texting 988 or chatting 988Lifeline.org will connect you to compassionate care and support for mental health-related distress?

#988Lifeline

SEPTEMBER IS
SUICIDE
PREVENTION
AWARENESS
MONTH!



We are Nouvel Catholic Central, called by Christ to learn, love, and lead... courageously.